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Through A Season Of Grief: Devotions For Your Journey From Mourning To Joy



Synopsis

If you've lost a spouse, child, family member, or friend, you've discovered that few people understand the deep hurt you feel. Where do you turn for daily comfort and help? Where do you find the tools to move forward? Through a Season of Grief is the first 365-day devotional designed to support and uplift you in the first, most difficult year of bereavement. These devotions offer biblical comfort and practical teaching that will enable you to take steps forward each day toward healing. You will better understand the grieving process and will receive needed encouragement along the way. More than thirty respected Christian professionals— including Kay Arthur, Jack Hayford, Elisabeth Elliot, Norman Wright, Barbara Johnson, and Luis Palau— share their insights on how to walk through the devastation of grief toward wholeness and hope. You will also hear from people like you who have lost a loved one and have found God's healing presence in the midst of despair. This unique devotional is based on GriefShare®, a national grief recovery support group program that has helped more than 100,000 families.

Book Information

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Customer Reviews

Bill Dunn graduated from Asbury College and received a master of divinity degree from Princeton Theological Seminary in 1982. During the next fifteen years he served in two pastorates in North Carolina, one in Kill Devil Hills and one in Raleigh. Bill worked on the staff of Church Initiative developing materials to help churches implement effective ministries and outreaches. Bill enjoys skiing with his wife at Killington Ski Resort, playing guitar in the worship band at his church, and reading all kinds of books. He and Holly reside in Vermont with their two miniature dachshunds,

Bella and Uma. They have one daughter, Jessica, who lives and works in North Carolina.

This book was gifted to me in January 2015 after my husband died in December 2014. I read it all the way through in January. I read it again in February and marked lots of days that helped me so much that I wanted to refer to them as needed. I also signed up for the e-mail so I get a message every day and they still help me now, the beginning of 2016. I have been so impressed with the book that I have gifted it once and intend to start keeping it stocked on my bookshelf to gift to others in the future. I have the paperback copy and really like it. The new paperbacks are so nice now that I really prefer them over the hardbacks.

One of the best books on dealing with grief I've ever read. Bought one for each of my 5 children after receiving one as a gift when my husband died. Each devotion is written in a down-to-earth manner with both compassion and sound advice.

This is a wonderfully done, full on comfort and encouragement. It helps you understand all the subtleties of the full spectrum of emotions of grief. I highly recommend reading this if you have had a loss. For those of you who may be short on funds in this economy you can sign up for their daily newsletter and you will get the book in full form one day at a time. After buying the book and subscribing, I found this out and unsubscribed because I had it in book form. Wonderfully comforting and informative to read.

I have read many books on grief -- both religious and secular. This book is, by far, the one that has ministered to my soul in the most healing way. It is honest, free of guilt, loving, gentle but determined to move its reader through the grieving process. The daily devotionals often speak what is in my soul that very day, and then takes me to a place of hope and encouragement. I have shared it with others and encourage anyone trying to work through the grief process, while asking themselves, "Is this normal? Am I ok? Will I ever get beyond what I am feeling today?" - give this book a try!

Very helpful book that touched my feelings exactly in so many areas. It reassures me that I'm not going crazy, just going through phases of grieving.

After the death of my husband I was grasping for straws. Reading this book gave me some

direction. I knew that I had to go on even though I did not want to. Some times it made me cry and sometimes it gave me clarity. I would recommend this book for anyone who has lost a love one. It lets you know that grief is individual for each person. The amount of time you grieve is based on the person and not a time frame.

This is a really nice book full of mini stories that help through the grief process. I wish I didn't need to buy this but since I did it made a really nice gift for a friend she is going through the worst possible situation every. Losing a child just shouldn't be something that is even possible. But since this is a fallen word it is great to have this resource.

Still working through the book. It is helpful and comforting. Grief is an unwanted monster, but I am learning to deal with it one day at a time.

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